

Commissioner for Patents
P.O. Box 1450
Alexandria, VA 22313-1450

ATTENTION: MAIL STOP PATENT APPLICATION

Sir:

Transmitted herewith for filing is the patent application of

Inventor: **Richard D. Charnitski**

For: **INERTIAL RESISTANCE EXERCISE APPARATUS AND METHOD**

- (X) This application is a continuation of copending U.S. Application Serial No. 09/947,226 which was filed September 4, 2001, and which claims priority to U.S. Application Serial No. 08/899,964, which was filed on July 24, 1997. The entirety of each of these priority applications is hereby incorporated by reference.

Enclosed are:

- (X) A Preliminary Amendment.
- (X) 13 sheets of drawing.
- (X) Return prepaid postcard.
- (X) A copy of Declaration from prior application is enclosed.
- (X) A small entity statement was filed in the prior application, and such status is still proper and desired.
- (X) Incorporation by Reference. The entire disclosure of the prior application, from which a copy of the oath or declaration is supplied is considered as being part of the disclosure of the accompanying application and is hereby incorporated by reference therein.

The present application qualifies for small entity status under 37 C.F.R. § 1.27. The fees are calculated below:

CLAIMS AS FILED				
FOR	NUMBER FILED	NUMBER EXTRA	RATE	FEE
Basic Fee			\$375	\$375
Total Claims	3 - 20 =	0 ×	\$9	\$0
Independent Claims	1 - 3 =	0 ×	\$42	\$0
If application contains any multiple dependent claims(s), then add			\$140	\$0
FILING FEE TO BE PAID AT A LATER DATE		\$375		



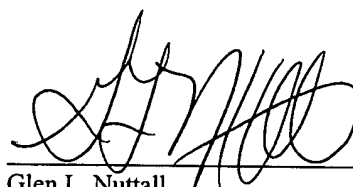
PATENT

Attorney Docket No. HEART.017C2

Date: August 19, 2003

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- (X) Please use Customer No. 20,995 for the correspondence address.
- (X) Please **DO NOT** pay any fees from any Deposit Account.



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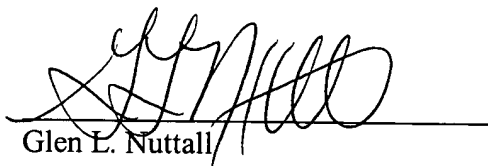
CERTIFICATE OF MAILING BY "EXPRESS MAIL"

Attorney Docket No. : HEART.017C2
Applicant(s) : Richard D. Charnitski
For : INERTIAL RESISTANCE EXERCISE
APPARATUS AND METHOD
Attorney : Glen L. Nuttall
"Express Mail"
Mailing Label No. : EV 319023094 US
Date of Deposit : August 19, 2003

I hereby certify that the accompanying

Transmittal letter; specification in 32 pages; Preliminary Amendment; 13 sheets
of drawings; Copy Declaration by Inventor in 2 pages; Return Prepaid Postcard

are being deposited with the United States Postal Service "Express Mail Post Office to Addressee" service under 37 CFR 1.10 on the date indicated above and are addressed to the Commissioner for Patents, P.O. Box 1450, Alexandria, VA 22313-1450.


Glen L. Nuttall

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